Special Olympics Maryland Area Memo October 18, 2019



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Welcome

Welcome to the October 18, 2019 edition of the SOMD Area Memo!

If there are any members of your Area's leadership who are not currently receiving the Area Memo, please send their names and email address to dweddle@somd.org to have them included in future distributions.

(NEW) Healthy Communities Webinar

We recently announced the Health Communities Director job posting. Some of you may be wondering "What the heck is a Healthy Communities Director, and why does SOMD need one?"

I will be hosting a webinar on **Tuesday, October 22, 2019 from 7:00-8:00pm** to provide an overview of the Health Communities Program and why we applied for funding through SOI, the purpose of the position, and our goals for having it within our Strategic Plan.

Please register using the link below

https://somd.zoom.us/meeting/register/e5126e2d09e5068e34538d7d4481ef37

This is not a mandatory webinar. Fall is a busy season in and out of Special Olympics, so I understand if you are unable to join us. If you would like to have a separate conversation at a more convenient time, please reach out and we can set that up. Please feel free to invite other members of your management teams and local programs who may be interested. Details will also be distributed in this week's Area Memo, but I wanted to make sure we gave people plenty of time to get it on their calendars.

(NEW) Athlete LeaderSHIP Carnival Cruise October 2020

ALL ABOARD!!

In partnership with Carnival Cruise Lines we have created an exciting opportunity for athlete leaders.

WHAT: Special Olympics Maryland Carnival Cruise and Athlete LeaderSHIP Training.

WHEN: Sunday October 25th-Sunday October 31st, 2020

WHERE: Leave from Baltimore Cruise Harbor

Ports of Call include Grand Turk, Princess Cays, and Freeport

HOW: Please check attached brochure for more information on how to sign up.

When you sign up please indicate "Athlete LeaderSHIP" on your form or email so you will be eligible for a discount on the cruise price listed on the brochure.

COST: All costs for the cruise and shore excursions are the responsibility of the athlete, family and

chaperone.

All training costs and materials will be responsibility of SOMD.

CHAPERONES: Athletes must be accompanied by a chaperone. Additional family members may attend but

are not eligible for the discount.

Courses offered: (Very Tentative and subject to change)

Photography-Conducted by Carnival Staff Videography-Conducted by Carnival Staff Leadership-Conducted by Carnival Staff Social Media-Conducted by Carnival Staff Media Training-Conducted by SOMD Staff

We will also be offering an opportunity for 6 athletes to present TED style talks during the cruise. This event will be open to the public.

Logyo Paltimoro

Other Events on the cruise:

Tour of boat by Captain or his/her designee.

Polar Bear Plunge during cruise.

Ice Cream Social.

All activities normally offered by cruise including entertainment shows, group activities, etc. Other.

Enm

Tentative Schedule October 25th 2020

October 25th, 2020	Spm	Leave Baitimore
October 26th, 2020	9a-noon Class	Fun Day at Sea
	2pm-5pm Class	
October 27th, 2020	9a-noon Class	Fun Day at Sea
	2pm-5pm Class	
October 28th, 2020	7am-2pm	Grand Turk
October 29th, 2020	9:30am-3pm	Princess Cays
October 30th, 2020	7am-1:30p	Freeport
October 31 st , 2020	8am	Arrive Baltimore

^{*}Beginner Global Messenger only if athletes have not already taken this course.

(NEW) Special Olympics Howard County Good Sports Award Winners

Four SOHO individuals will be honored as Good Sports Award winners at the Howard County Recreation and Parks Celebration of Sports 17th Annual Banquet on October 29th at Turf Valley Country Resort: Franco Frande (SOHO Bowlng Coordinator- Sports Administrator Good Sports Award); Christine Towne (multi-sport athlete, Adult Player Good Sports Award); Ryan Thibaudeau (multi-sport athlete, Youth Player Good Sports Award); and Russ Dickens (14 years Soccer Coach – Coach Good Sports Award)

2021 World Winter Games Update

We are very pleased to announce that we have received our quota allotment for athletes to be members of the Special Olympics USA team for the 2021 World Winter Games in Sweden in February, 2021:

Alpine Skiing

- 1 Female Athlete (Category 2-maximum of 3 events)
 - Intermediate Super G, Giant Slalom, Slalom
- 1 Male Athlete (Category 3)
 - Advanced Super G, Giant Slalom, Slalom

Snowshoeing

- 1 Female Athlete (Category 2-maximum of 3 events / two individual and 1 relay)
 - 100M Race, 200M Race, 400M Race, 4x100M Race

Area Directors with athletes eligible for selection (based on the previously distributed list) will be receiving a detail email in the next couple days and we will need validation that each eligible athlete is both appropriate for an independent trip of this type as well as that they would accept the nomination if selected. Those confirmations will be due back to HQ no later than Monday, October 14, and we expect to have the nominees selected (along with alternates) by October 25. Please remember that until the selected athletes successfully complete the Special Olympics USA training camp in the first quarter of 2020, they are still nominees and not official members of the USA team.

Community Input Session-Athlete Leadership-December 07th, 2019

WHERE: Aerotek HQ, 7301 Parkway Dr S, Hanover, MD Saturday December 07th, 2019 11am-12:30pm

We invite all members of the community to attend this session to provide feedback to Special Olympics Maryland about the current state of the Athlete Leadership Program.

There will be a short presentation and then we will open the floor to feedback.

There will be a solicitation to recruit members of the newly forming Athlete Leadership Management Team.

So if you are an area director, county/program management team member, parent, sibling, caregiver, key volunteer, etc. we want to hear from you.

Coffee, Tea and light refreshments provided. Also light fare.

In order to ensure we have enough supplies please register by November 29th, 2019 at https://www.surveymonkey.com/r/Community Athlete Leadership Input

C-A-P-S, CAPS, CAPS!

Some of you may have received an email from a staff member of Monumental Sports about a ticket fundraiser for Special Olympics Maryland. On Wednesday, Jeff was able to set up a call with them and can verify that this promotion is legitimate!

How it works:

- Tickets for the 11/11 Capitals vs. Coyotes game can be purchased through this website: https://fevo.me/special-olympics
- \$5.00 from each ticket purchased through this offer will be donated to the Special Olympics Program of the buyer's choice (Maryland, Virginia, DC). Please note that while an individual can identify the state program of their choice, that can't be further divided to a local program.
- After a ticket is purchased, that individual will receive a unique link to send to their friends to purchase tickets. The ticket system will automatically put those seats near each other.

(Updated) SunTrust Credit Cards

SOMD is changing the credit cards we use for purchasing goods and services. Your credit card will now be issued by Suntrust Bank instead of Bank of America.

Your Suntrust credit card was sent to you recently if you provided the information necessary to order one.

If you have not received your credit card by now, please let Darlene Taylor know immediately. If you have not provided the information needed to open a Suntrust card please also contact Darlene.

When you receive your Suntrust card please call to activate it and begin using it. Keep your Bank of America card for now just in case you have a problem with your Suntrust card.

WEBINAR Recording:

On October 16th at 7pm, we held a webinar to train card holders in coding expenses and approving transactions.

A recording of the webinar can be found here: https://youtu.be/hHK-jB5UsW4

Fall Area Directors Meeting, Register TODAY!

We are just over 1 month away from our last Area Directors Webinar (11/12) and Meeting (11/16) of 2019! Please use the links below to Register

Webinar: https://attendee.gotowebinar.com/register/989062781020446211

Meeting: https://www.surveymonkey.com/r/2019FallADMeeting

2019 Towson Tigers Football Game (11/2)

Are you ready for some football? Our friends at Towson University Invite Special Olympics Maryland Athletes and their families to CHEER ON THE TIGERS in their game against University of Delaware on 11/2 (kick off at 2:00pm). Athletes will be invited to take part in pre-game festivities on-field. This game will also feature a Special Olympics Flag Football Exhibition with a Flag Football Team from SOMD (pre-selected team) taking on a team from Special Olympics Delaware!

Please visit https://www.surveymonkey.com/r/2019TUFootball to RSVP. You will be redirected to the TU Ticket Page. All attendees will be required to have valid TU Game Day Tickets. In addition to receiving their own free game ticket, each athlete will receive 3 free additional tickets to the game.

Coaching Special Olympics Athletes – Train-the-Trainer Session for Areas – December 7

Coaching Special Olympics Athletes is an exceptional course, and in the new Coach Sport Certification Model, it is a required course for virtually all coaches in community programs. While offered as both a live and an online course, it is much better as a live course with a great deal of interaction among the prospective coaches. To continue to offer this course live, we need additional instructors.

We will be hosting a Train-the-Trainer session for the Coaching Special Olympics Athletes (CSOA) course on Saturday, December 7, 2019, at SOMD HQ. This is a day-long course (9:00 a.m. – 5:00 p.m.) and will prepare up to 20 Area coaches and leaders to present the CSOA course throughout the state. We will be making some direct invitations from HQ, and we would like to have Areas nominate additional individuals so the CSOA course can be offered live throughout the state and as often as is needed for all SOMD coaches to be able to complete it and a convenient location.

Requirements for prospective trainers are as follows:

- Must be nominated by their Area Director
- Must have significant experience as a sports coach of individuals with intellectual disabilities (5+ years)
- Must commit to taking/retaking the online version of CSOA <u>during the three weeks prior</u> to the live session on December 7 (SOMD will reimburse the course fees from HK)
- Must commit to presenting CSOA class a minimum of three times per year either as an individual instructor or co-presenter (typically in their "region" of the state).
- Must agree to follow all guidelines and requirements for CSOA courses
- Must be a prime representative of the ideals and ethics of coaching
- Must consistently represent Special Olympics and SOMD in a positive and professional manner

Nominations will only be accepted by Area Directors and will be accepted through the following survey link: https://www.surveymonkey.com/r/CSOA T3 2019Q4.

Nominations will be accepted through Monday, November 25, 2019. Nominees will be informed of their status for the course no later than Wednesday, November 27 (sooner if nominations are made prior to the November 25 deadline).

We must have a minimum of 6 participants registered by November 25 to hold this session.

Coaching Special Olympics Athletes (CSOA) - HQ Hosted Live Session November 2

SOMD will be hosting another live CSOA session at SOMD Headquarters on Nov 2, 2019. CSOA is a core course for all Special Olympics Coaches in the new Coach Education and Development System. To ensure maximum interaction among participants, the class will be limited to a maximum of 25 registrants.

Saturday, November 2, 2019, 9:30 a.m. – 1:00 p.m.

Note: Given the interactive and discussion based nature of this live course, at least 2 days in advance of the session we must have a minimum of 7 confirmed registrants or the session may be cancelled.

To register for either course, coaches and prospective coaches can use the following link: https://www.surveymonkey.com/r/CSOA2019Q4.

Discounted Medicals at MinuteClinic

Thanks to a new partnership between SOI and Minute Clinic, Special Olympics athletes are now entitled to sports physicals at a reduced rate of \$49.00. Any US Special Olympics Athlete, or prospective athlete who needs to complete a physical can present the attached voucher at any of the 1,100+ MinuteClinics in CVS or Target stores between now and July 31, 2020.

<u>See list of participating locations here</u> or on the <u>CVS MinuteClinic</u> and <u>Target MinuteClinic</u> websites. **No** insurance or appointment is needed but <u>please bring the SOMD Athlete Medical Form with you</u>.

Please note this is not an endorsement for MinuteClinic or their services from SOMD nor SOI; it is simply one more way for our athletes to have access to a relatively affordable Sports Physical.

We are excited about this opportunity and hope that you will share with your families and athletes.

Polar Bear Plunge Website is now live! Fundraise for your areas starting today!

The Polar Bear Plunge website is now live: www.plungemd.com

Any teams registered with an area will be entitled to a 70%/30% split after expenses. Don't miss out on this great opportunity to fundraise for your local program. Last year our teams raised over \$20,000 for their counties, and we'd like to continue that success in 2020.

Reach out to Jessie Hayes with any questions: jhayes@somd.org

Athlete Leadership – Improvisation and Theatre Training Course

<u>WHAT:</u> Athlete Leadership-Improvisation and Theatre Training Course FALL 2019

The Athlete Leadership Program is excited to announce that we are adding a new course this fall "This interactive class will help support communication and confidence through creativity. Participants will learn valuable speech, language, and social skills that will assist them not only within Special Olympics Maryland, but across all aspects of their lives. Oh, and we'll laugh. A lot."

Improv and theater skills and practices have been shown to improve a variety of skills such as receptive and expressive language, pragmatics, fluency of speech, socialization, syntax and grammar, semantics, cognition, and the list goes on! Making this the perfect course for both beginner and advanced athlete leaders. No previous training in athlete leadership is needed.

Target and ideally improve participant's speech, language, and social skills, and help build confidence in communication.

WHEN: *

Wednesday	October 09 th	7pm-8:30pm	
Wednesday	October 16 th	7pm-8:30pm	
Wednesday	October 23 rd	7pm-8:30pm	
Wednesday	October 30 th	7pm-8:30pm	
Wednesday	November 06th	7pm-8:30pm	
Tuesday	November 12 th	7pm-8:30pm	
Wednesday	December 04th	7pm-8:30pm	Rehearsal
Friday	December 06th	6pm-9pm	Performance

*You must attend 4 of the 6 courses to be eligible for the final performance

<u>WHERE:</u> Special Olympics Maryland HQ, 3701 Commerce Drive, Suite 103, Baltimore (Halethorpe), MD 21227

INSTRUCTOR: Emma Shipley, MS, CF-SLP, Speech-Language Pathologist

HOW MANY: This is a Unified Leadership opportunity. Open to up to 24 athletes. Unified partners,

siblings, family members, etc. are welcome to attend with a SOMD athlete. Limit one

per athlete. This is not required but is an option.

To sign up please fill out the Survey Monkey at https://www.surveymonkey.com/r/Fall2019 IMPROV

Email Jason Schriml if you have any questions about this course at jschriml@somd.org

2019 Over the Edge

Looking to raise funds for your area program? Registration is now open for the 2019 Over the Edge event and area programs will receive 70% of all funds raised for any rappeller you recruit for your county's team! Last year, Montgomery County raised close to \$20,000.

Visit: www.overtheedgemd.com to register today and feel free to reach out to Jessie Hayes (jhayes@somd.org / 646-573-6964) with any questions or concerns.

Check out last year's exciting event here. Our event this year takes place on **Saturday, November 2**nd at 2 Bethesda Metro Center.

2019 Rockfish Open

Be a part of the most rewarding Rockfish Tournament in the state of Maryland! Join Special Olympics Maryland at one of our two locations for the 2019 Maryland Rockfish Open on Saturday, October 26th and help support the 8,033 athletes of Special Olympics Maryland.

We have a new location this year: Sunset Cove

Please see link to the 2019 Rockfish Open website: https://give.classy.org/2019rockfishopen

Area Memo Open to Area Announcements

Do you have an upcoming event that you'd like to announce, a volunteer that deserves a special shout out, or maybe a recent 'win' for your program that you'd like to share with other area programs. Your contributions to the Area Memo are welcomed and appreciated! Please send any announcements that you'd like included in the Area Memo to Danielle Weddle (dweddle@somd.org).

(UPDATED) Pre-Season and Pre-Competition Webinars

The dates and time for Pre-Season and Pre-Competition webinars have been set for the upcoming seasons. Please share this info with your coaches and sports volunteers.

Pre-Season Coaches Webinars

Sport	Date/Time	Registration / Recording Link
Bowling	Thu 8/15	Recording: https://youtu.be/jHpCSUQIDd8
Soccer	Wed 8/21	Recording: https://youtu.be/bf6753y5QRI

Pre-Competition Coaches Webinars

Sport	Date/Time	Registration / Recording Link	
Bowling -	Tue 11/05	https://attendee.gotowebinar.com/register/4167640949535073805	
Regionals	7:00 p.m.	Tittps://attendee.gotowebiliar.com/register/4167640949555075805	
Bowling -	Tue 12/03	https://attendes.gotowohiner.com/register/270422220000F02040F	
Championship	7:00 p.m.	https://attendee.gotowebinar.com/register/2784322280885929485	
Soccer	Tue 10/15	Recording: https://youtu.be/_zQ76tKRtWI	

Community Sports Registration Deadlines Set Through End of 2019

Registration Deadlines for community sports through the end of 2019 have been set and are incorporated into the Sports Calendar included with this email. They are summarized below for your convenience as well.

Note: We discovered an error listing the incorrect date for missing forms for the 2019 Soccer Tournament in this chart as well as on the Sports Calendar. That has been corrected below and was stated during the Soccer Pre-Season Webinar.

Event/Sports	State Championship	Training Registration	Outstanding Forms	Competition Registration
Soccer	10/27/2019	8/29/2019	10/07/2019 (extended)	10/3/2019
Bowling – Regionals	11/10/2019	9/23/2019	10/3/2019	10/17/2019
Bowling - Championships	12/08/2019	9/23/2019	10/3/2019	11/28/2019

Sports Directors – Assigned Sports

If you have questions regarding a specific sport, coach education, or competition, please work with the corresponding Sport Director.

- Melissa Anger, Sports Director
 - o manger@somd.org, 410.242.1515 x122
 - Basketball
 - Cheerleading
 - Flag Football
 - Soccer
 - Softball
 - Tennis
 - Locally Popular Sports: Cross Country Skiing, Duckpin Bowling
- Zach Cintron, Sports Director
 - o zcintron@somd.org, 410.242.1515 x161
 - Bowling (10 pin)
 - Cycling
 - Kayaking
 - Snowshoeing
 - Swimming
 - Locally Popular Sports: Figure Skating, Sailing, Short Track Speed Skating, Volleyball
- Ryan Kelchner Sports Director
 - o <u>rkelchner@somd.org</u>, 410-242-1515
 - Alpine Skiing
 - Athletics
 - Bocce
 - Distance Running
 - Golf
 - Powerlifting
 - Locally Popular Sports: Dance, Equestrian Sports, Floor Hockey

Questions?

If You Have Any Questions on Any Other Non-Sports-Related Issues, please contact a member of the Local Program Team

- Jeff Abel, Vice President. Local Program Development
 - o <u>jabel@somd.org</u>, 410-242-1515 ex. 121
 - Any general question
- Claire Huston, Development Services Coordinator

- o chuston@somd.org, 410-242-1515 ex. 145
- All Local Program Fundraising

• Pat Cullinan, Northern Chesapeake Region Director

- o pcullinan@somd.org, 410-242-1515
- o Harford, Cecil, and Kent Counties

• Mike Myers, Baltimore Region Director

- o <u>mmyers@somd.org</u>, 410-242-1515
- Baltimore County and City

• Ron Freeman, Baltimore City Coordinator

- o rfreeman@somd.org, 410.598.1027
- o Baltimore City Public Schools, Baltimore City Rec and Parks

• Tyler Martin, Western Region Coordinator

- o <u>tmartin@somd.org</u>, 717-321-3642
- o Frederick, Washington, Allegany, Garrett Counties

2019 Special Olympics Maryland Sports and Competition Calendar - UPDATED 10/18/2019

State Championships and Multi-State/World Competitions

Туре	Event	Location	Facility	Competition Date(s)	Pre-Season Webinar Date(s)	Pre-Competition Webinar Date (s)	Training Registration Deadline (in GMS)**	Last Date To Submit Missing Forms**	Competition Registration Deadline (in GMS)**
Community	Fall Sports Festival (Cycling, Distance Running, Flag Football, Powerlifting, Tennis)	Emmitsburg, MD	Mount St. Mary's University Fort Richie (Cycling)	10/19/2019	Cycling: 8/13 Dist. Run: 8/14 Flag Football: 8/15 Powerlifting: 8/14 Tennis: 8/13	Cycling: 10/15 Dist. Run: 10/09 Flag Football: 10/07 Powerlifting: 10/09 Tennis: 10/07	8/29/2019	9/10/2019	10/3/2019
Community	Soccer Tournament	Fruitland, MD	Crown Sports Center	10/27/2019	8/21/2019	10/15/2019	8/29/2019	9/10/2019	10/3/2019
IUS	Unified Tennis Championships	Towson, MD	Loyola University	11/5/2019	TBD	TBD	TBD	TBD	TBD
Community	Bowling - Regional Tournaments	Various locations	Various locations	11/10/2019	8/15/2019	11/5/2019	9/23/2019	10/3/2019	10/17/2019
Community	Bowling - State Championships	Gaithersburg, MD	Bowl America Gaithersburg	12/8/2019	6/13/2019	12/3/2019	9/23/2019	10/3/2019	11/28/2019
				- 1 - 1					
IUS	Unified Strength & Conditioning	Wye Mill, MD	Chesapeake College	2/4/2020	TBD	TBD	TBD	TBD	TBD
IUS	Unified Indoor Bocce	Hagerstown, MD	Hagerstown Comm Coll	2/10/2020	TBD	TBD	TBD	TBD	TBD
Community	Winter Games - Time Trials and Winter Games	Mercersburg, PA	Whitetail Resort	2/23-25/2020	Alpine: 11/26 Snowsh. TBD	Alpine: 2/17 Snowsh. TBD	TBD	TBD	TBD
Community	Basketball Tournament	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD
IUS	Unified Team Track & Field	Hyattsville, MD	PG Sports & Learning (tentative)	5/12&13/2020	TBD	TBD	TBD	TBD	TBD
IUS	Unified Outdoor Bocce	Chestertown, MD	Washington College (tentative)	5/19/2020	TBD	TBD	TBD	TBD	TBD
Community	2020 Summer Games	Towson, MD	Towson University and Cockeysville Middle School	6/5-7/2020	Athletics: TBD Bocce: TBD Cheerleading: TBD Softball: TBD Swimming: TBD	Athletics: TBD Bocce: TBD Cheerleading: TBD Softball: TBD Swimming: TBD	TBD	TBD	TBD

Questions or additions?

Check the Coach Resource Page on SOMD.org (https://www.somd.org/coach/coach-resources/). There are now resource pages for each individual sport as well as each multi-sport event. As resources get continually added to these pages, the answers to most of your questions can be found there.

If you have any questions regarding this calendar, additions of local/regional competitions, or any other sports related issue, please contact the appropriate Sports Director:

- Melissa Anger (manger@somd.org): Basketball, Cheerleading, Flag Football, Soccer, Softball, Tennis
- Zach Cintron (zcintron@somd.org): Bowling, Cycling, Kayaking, Snowshoeing, Swimming
- Ryan Kelchner (rkelchner@somd.org in interim): Alpine Skiing, Athletics, Bocce, Distance Running, Golf, Powerlifting
- TBD (coaches@somd.org): All Interscholastic Unified Sports (IUS)

**These are the dates by which entries must be entered into GMS or medical/volunteer forms submitted to SOMD HQ. Coaches must have this information to their Area Leadership a minimum of one week prior to these dates to allow for timely submission. (No athlete may participate in any way in a Special Olympics program without an up-to-date volunteer may participate in any way in a Special Olympics program without an up-to-date volunteer application and completed background screening.)

These dates are also the deadlines for Coaches to have completed the requirements for Special Olympics Coach Certification and to have submitted the required documentation to SOMD HQ.

	2019 Special Olympics Maryland Sports and Competition Calendar - UPDATED 10/18/2019								
	2019 Coach Education & Development Events								
Date	Course/Sport	Location	Facility	Facility Comments		To Register			
11/2/2019	Coaching Special Olympics Athletes	Baltimore	SOMD HQ	9:30 a.m	ı 1:00 p.m.	Register: https://www.surveymonkey.com/r/CSOA2019Q4			
12/7/2019	CSOA Train-the-Trainer	Baltimore	SOMD HQ	9:00 a.m 5:00 p.m.		By Invitation/Nomination Only			
	Areas Interested in Hosting Coach Training Even	ts - Please Contact the A	ppropriate Sport Director						
	2019 Area / Regional / District Competions & Events								
Туре	Event	Location	Facility	Competition Date(s)	Sport	Notes			
Community	NIRSA Flag Football Invitational (Tentative)	College Park	Univ. of Maryland	11/15-17/19	Flag Football	By Invitation			
Community	Winter Sports - On Snow Training #1	Mercersberg, PA	Whitetail Resort	1/11/2020	Alpine Skiing;				
					Snowshoeing Alpine Skiing;				
Community	Winter Sports - On Snow Training #2	Mercersberg, PA	Whitetail Resort	2/8/2020	Snowshoeing				
			Į.						
Community	Duckpin Bowling	Hagerstown	Southside Lanes	3/22/2020	Duckpin Bowling	Locally Popular Sport- Contact Melissa Anger (manger@somd.org)			
Community Community	Duckpin Bowling PG Spring Games	Hagerstown Hyattsville	Southside Lanes Prince George's Sports& Learning Complex	3/22/2020 4/30/2020		Locally Popular Sport- Contact Melissa Anger (manger@somd.org) school-based; not open to visiting Community programs.			

2019 Event Calendar



2019 MSP Polar Bear Plunge January 24th, 25th & 26th 2019 Sandy Point State Park www.plungemd.com

2019 Deep Creek Dunk February 23rd 2019 Deep Creek Lake www.dunkmd.com

2019 Winter Games February 24th – 26th 2019 Whitetail Resort www.somd.org

2019 Basketball Tournament March 30th – 31st 2019 Hood College and FCPS Sites www.somd.org

2019 Summer Games June 7th – 9th 2019 Towson University www.somd.org

2019 Kayaking Championships August 24th 2019 Washington College www.somd.org

11th Annual Big Bats Open September 26th 2019 Queenstown Harbor Golf, Queenstown Md www.somd.org

State Golf Championships September 29th 2019 Queenstown Harbor Golf, Queenstown Md www.somd.org

11th Annual Tunnel Run October 6th 2019 Fort McHenry Tunnel Baltimore, Md www.tunnelrun.org Fall Sports Festival October 19th 2019 Mount St. Mary's University, Emmitsburg, Md www.somd.org

6th Annual Maryland Rockfish Open October 26th 2019 Mike's Crabhouse South-Riva www.somd.org

State Soccer Tournament October 27th 2019 Crown Sports, Fruitland Md www.somd.org

Over The Edge November 2nd 2019 Bethesda, Md www.somd.org

Interscholastic Unified High School Team Tennis November 2019 Loyola University www.somd.org

State Regional Bowling Tournaments November 10th 2019 Various Locations in Maryland www.somd.org

State Bowling Championships December 8th 2019 Bowl America, Gaithersburg, Md www.somd.org

St. Mary's Splash
December 2019
Point Lookout State Park, Scotland, Md
www.somd.org